

MINUTES OF THE OCTOBER 16TH MEETING---PROBUS SJ

Call to order 10:05 am October 16, 2019

Welcome – The meeting commenced at 10:05 in the gymnasium of **The Boys and Girls Club** as the regular meeting room was being used by another organization. **President Don LeBlanc** chaired the meeting and welcomed members and guests.

O Canada and sing-along of three songs led by **Gordon Mouland**.

Updates on PROBUS members - **Carl Tompkins** has had recent surgery, **Bill Bambury** is in hospital and **Don Connolly's** wife has been ill recently, but, making good progress. Don hopes to attend our November meeting.

A motion by **Ed O'Keefe**, seconded by **Gordon Dempsey** to accept the minutes as presented in the last issue of the **The Phoghorn Newsletter**. Motion passed.

We had a brief discussion regarding the **By-laws and Constitution**, which were published in the Phoghorn Newsletter. A motion was made by **Willard Buckley** and seconded by **David Flewelling** to accept both the By-Laws and Constitution. Motion carried.

Treasurer's Report – **Robert Taylor** did not have a formal report, but indicated the Club has \$1,250.00 in the bank. A complete report will be prepared for our November meeting.

Membership – Guests – **Don LeBlanc** introduced **Graeme Savage**. Graeme is active with a land bank group mainly in the North End and with a plan to rehabilitate old buildings. **John Watson** who was introduced by **Dale Stevens** was accepted into membership and received a binder and member's Pin.

Snippets by David Goss –

- **Bill Covert** read about the river Steamboat D. J. Purdy which made her last passage September 30, 1946. The St. John River boat era lasted 130 years. There were as many as 75 vessels on the river over the years.
- October 15, 1925 a full-page ad in the newspaper welcomed the opening, by K. C. Irving, of a Ford Dealership. Within six years The Golden Ball building was opened.

Lunch Count – Fifteen indicated they would stay for the lunch of chili, corn bread and dessert.

Upcoming Programs –

- November, Jim Quinn CEO of the Port of Saint John.
- December, Saint John String Quartet will be performing.

John Doyle as arranged a tour of **Moosehead Breweries**, Wednesday, November 13, 2019. We will meet at 2:30. The tour begins at 3:00 o'clock. The cost is \$17.50, confirm with John if you plan to attend.

President's Report – **Don LeBlanc** brought us up to-date about the **National PROBUS Meeting in Halifax**. He and **Bill Covert** attended and reported sessions were interesting. One was based on healthy aging. The Conference was worthwhile and informative.

Allegedly Fabulous Funnies – **President Don and Bill Covert**, tried, to contribute.

New Business – We had a discussion regarding getting more **PROBUS** mugs as gifts for our guest speakers. **John Doyle** was to explore other options, perhaps water bottles.

Gordon Dempsey brought up a discussion about our **Canada Flag**, which has a poor stand, which is too low. A motion was made by **Gordon** and seconded by **Peter Jolly** that we replace the Flag and Stand. Discussion revealed that the present Flag cost \$315 when purchased years ago. Perhaps we could approach the local MP to assist with getting a new Flag.

Coffee & Conversation

Club Ticket Draw – The draw was won by **Tony Brooke** \$104.00.

Presentation – The **PROBUS** plaque, with all the past president's names, will have our **Past President Ed O'Keefe**, name added. **Ed** thanked all who had supported him and helped the Club move forward. He felt it was an honor and a privilege to serve as President. Job well done.

Introduction of Guest Speaker – **Willard Buckley** introduced **Jason McLean of Yoga Haus** which Jason owns with his wife. **Yoga** has many styles which **Jason** studied in **England**, then **India**. Some highlights include breathing practices, increasing lung capacity, good posture, all of which can help with your joints, arthritis, inflammation and elasticity.

John Doyle thanked **Jason** for his informative presentation.

The meeting adjourned for lunch which was held in a smaller meeting room.

Chip Lawson

Recording Secretary