



# The *PHOGHORN*

## Newsletter

Saint John, NB

November --2019

Monthly Edition

Volume 27—#03





# THE PHOGHORN



## **PROBUS Monthly Newsletter**

PROBUS Club Membership #026. Published by *PROBUS Club* of Saint John, NB E2L 3V9

Newsletter Chair--Tom Craig ***A Professional and Business Retirees Club.***

Meetings are at the Boys & Girls Club located on *Paul Harris Street*

*Every third Wednesday of the month, --- 10:00 am.* Website <http://www.sjprobus.ca>

PROBUS CANADA website [www.probus.org](http://www.probus.org)

Volume 27—#03 .... November 2019

### 2019—2020 Executive members

*Don LeBlanc* --- President

*Ed O'Keefe* ----- Past president

To be announced --Vice President:

*Robert Taylor*- ----- Treasurer

*Chip Lawton*----- Secretary



**President *Don LeBlanc* in the chair**

### **PRESIDENT'S REMARKS**

We are enjoying a fellowship outing at the ***Moosehead Breweries*** plant this past week!

We look forward to our upcoming speaker-***Jim Quinn*** and December's Christmas meeting presenting our traditional musical group, ***Saint John String Quartet***. *Group* consists of 4 members; ***David Adams, Sonja Adams, Danielle Sametz and Chris Buckley.***

We have been granted permission to **fly our flag** at the **Boys and Girls Club** in a permanent basis! This should be done at our Nov 20<sup>th</sup> meeting!

On a membership note I am very pleased to announce that we will have a new member, ***Mark Fisher***, attending who has requested membership since his recent retirement in Ontario. He was CAO of the City of Kawartha Lakes -near Peterborough, Ontario. He spent his career in Municipal governance. I look forward to meeting and introducing Mark!

Remember -Stay active and stay informed!

Very best regards,

***Don LeBlanc/ Club President.***

**NOVEMBER MEETING IS THIS COMING WEDNESDAY THE 20<sup>th</sup>.**

**See you there?**

## MINUTES OF THE OCTOBER 16<sup>TH</sup> MEETING---PROBUS SJ

Call to order 10:05 am October 16, 2019

Welcome – The meeting commenced at 10:05 in the gymnasium of **The Boys and Girls Club** as the regular meeting room was being used by another organization. **President Don LeBlanc** chaired the meeting and welcomed members and guests.

O Canada and sing-along of three songs led by **Gordon Moulard**.

Updates on PROBUS members - **Carl Tompkins** has had recent surgery, **Bill Bambury** is in hospital and **Don Connolly's** wife has been ill recently, but, making good progress. Don hopes to attend our November meeting.

A motion by **Ed O'Keefe**, seconded by **Gordon Dempsey** to accept the minutes as presented in the last issue of the **The Phoghorn Newsletter**. Motion passed.

We had a brief discussion regarding the **By-laws and Constitution**, which were published in the **Phoghorn Newsletter**. A motion was made by **Willard Buckley** and seconded by **David Flewelling** to accept both the By-Laws and Constitution. Motion **carried**.

**Treasurer's Report** – Robert **Taylor** did not have a formal report, but indicated the Club has \$1,250.00 in the bank. A complete report will be prepared for our November meeting.

**Membership** – Guests – **Don LeBlanc** introduced **Graeme Savage**. Graeme is active with a land bank group mainly in the North End and with a plan to rehabilitate old buildings. **John Watson** who was introduced by **Dale Stevens** was accepted into membership and received a binder and member's Pin.

### Snippets by David Goss –

- **Bill Covert** read about the river Steamboat D. J. Purdy which made her last passage September 30, 1946. The St. John River boat era lasted 130 years. There were as many as 75 vessels on the river over the years.
- October 15, 1925 a full-page ad in the newspaper welcomed the opening, by K. C. Irving, of a Ford Dealership. Within six years The Golden Ball building was opened.

**Lunch Count** – Fifteen indicated they would stay for the lunch of chili, corn bread and dessert.

### Upcoming Programs –

- November, **Jim Quinn** CEO of the Port of Saint John.
- December, **Saint John String Quartet** will be performing.

**John Doyle** as arranged a tour of **Moosehead Breweries**, Wednesday, November 13, 2019. We will meet at 2:30. The tour begins at 3:00 o'clock. The cost is \$17.50, confirm with John if you plan to attend.

**President's Report** – **Don LeBlanc** brought us up to-date about the **National PROBUS Meeting in Halifax**. He and **Bill Covert** attended and reported sessions were interesting. One was based on healthy aging. The Conference was worthwhile and informative.

**Allegedly Fabulous Funnies** – **President Don and Bill Covert**, tried, to contribute.

**New Business** – We had a discussion regarding getting more **PROBUS** mugs as gifts for our guest speakers. **J** was to explore other options, perhaps water bottles.

**Gordon Dempsey** brought up a discussion about our **Canada Flag**, which has a poor stand, which is too low. A motion was made by **Gordon** and seconded by **Peter Jolly** that we replace the Flag and Stand. Discussion revealed that the present Flag cost \$315.00 when purchased years ago. Perhaps we could approach the local MP to assist with getting a new Flag.

## **Coffee & Conversation**

**Club Ticket Draw** – The draw was won by **Tony Brooke** \$104.00.

**Presentation** – The **PROBUS** plaque, with all the past President's names, will have our **Past President, Ed O'Keefe**, name added. **Ed** thanked all who had supported him and helped the Club move forward. He felt it was an honor and a privilege to serve as President. Job well done.

**Introduction of Guest Speaker** – **Willard Buckley** introduced **Jason McLean of Yoga Haus** which Jason owns with his wife. **Yoga** has many styles which **Jason** studied in **England**, then **India**. Some highlights include breathing practices, increasing lung capacity, good posture, all of which can help with your joints, arthritis, inflammation and elasticity.

**John Doyle** thanked **Jason** for his informative presentation.

The meeting adjourned for lunch which was held in a smaller meeting room.

## **Chip Lawson**

Recording Secretary

## **INTERESTING INFORMATION. Bet you did not know this!**

### **Sweet Day:**

*The first Friday in June is National Doughnut Day in America. It was started in 1938 by the Salvation Army as a fundraiser to help needy people during the Great Depression and to honour "Salvation Lassies" who served doughnuts to soldiers in World War I.*

### **ODD THIEF:**

*Thieves prowling around neighbourhoods at night are usually on the lookout for unlocked doors or bicycles in backyards. That's why it was a surprise when Canadian Liam Turnock of Winnipeg, woke up to find his back hatch to his Ford Fiesta missing. A nearby store's surveillance camera showed a truck rolling up the middle of the night near the car. Nothing else was taken from his car. Police and insurance company representatives say such theft are unusual but not unheard of. Most likely the thief needed a replacement for his car.*

It is with regret that we report the death of *Martha Pike*, wife of *PROBUS* member *Mack Pike* on October 19, 2019 in Saint John

NB. On behalf of *PROBUS* members, our sincere condolences.

Picture below, upper left, president, **Don LeBlanc** opening the meeting with the singing of **O'CANADA**. PRESIDENT Don on the right, welcomes all members to our temporary location as the regular meeting room had priority with another larger group. In the photo lower left, **William Covert** reads from the **DAVID GOSS'S** book Saint John "**SNIPPETS**" on the history of days gone by. Picture lower right, our newest member, **John Watson** is welcomed by **President Don** and assisted by **Dale Stevens**.



### **QUOTEABLE QUOTES**

*"Walking is a man's best medicine"—**Hippocrates***

*"Do not let what you cannot do interfere with what you can do"—**John Wooden***

*I believe that every right implies a responsibility; every opportunity, an obligation, every possession, a duty.*

*---John D. Rockefeller Jr.*



Out going President **Ed O Keefe**, on the upper left picture, has his name added to the **President's plaque** by **Don Leblanc**, to his right. The picture on the right has **Ed** thanking all members for their help during the past two years as it was a pleasure to serve the **Saint John PROBUS Club**.



Lower picture on the left is showing some of the members enjoying conversation and coffee during the break. The right-hand picture has **John Doyle** presenting a 25 Anniversary year coffee mug to our guest speaker, **Jay McLean**, who spoke on the benefits of **Yoga** exercise and his experiences.



Every now and then I come across something I think worth sharing. This is one item that is fantastic. Really look at this and realize the skill and beauty that it represents. Four years in the making!

***“Old Rotten Tree Trunk”***



*This is a wood carved sculpture. **Made with a single tree trunk**, it has been recognized as the world's longest wood carving by the Guinness Book of World Records.*

*The sculpture contains over 550 individually carved people. Not to mention all the buildings and foliage. It's a replica of the famous Chinese painting. This artwork took 4 years to complete.*



## **LIGHTER MOMENTS**

A woman went to the emergency room, where she was seen by a young new doctor. After about 3 minutes in the examination room, the doctor told her she was pregnant.

She burst out of the room and ran down the corridor screaming.

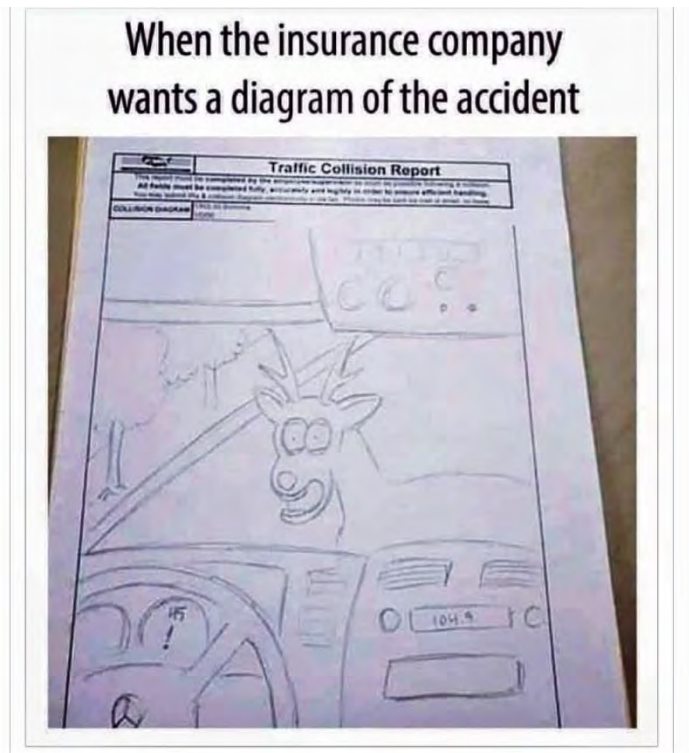
An older doctor stopped her and asked what the problem was; after listening to her story, he calmed her down and sat her in another room.

Then the doctor marched down the hallway to the first doctor's room.

"What wrong with you?" he demanded. This woman is 63 years old, she has two grown children and several grandchildren, and you told her she was pregnant?!!"

The new doctor continued to write on his clipboard and without looking up said:

**"Does she still have the hiccups?"**



## **GOLF JOKES**

*A gushy reporter told Phil Mickelson, "You are spectacular; your name is synonymous with the game of golf. You really know your way around the course. What's your secret?"*

*Mickelson replied, "The holes are numbered."*

*A golfer teed up his ball on the first tee, took a mighty swing and hit his ball into a clump of trees. He found his ball and saw an opening between 2 trees he thought he could hit through. Taking out his 3-wood, he took a mighty swing. The ball hit a tree, bounced back, hit him in the forehead and killed him.*



*As he approached the gates of Heaven, St. Peter asked, "Are you a good golfer?"*

*The man replied: "Got here in two, didn't I?"*

*The bride was escorted down the aisle and when she reached the altar, the groom was standing there with his golf bag and clubs at his side.*

*She said: "What are your golf clubs doing here?"*

*He looked her right in the eye and said, "This isn't going to take all day, is it?"*



## **TO ALL ATLANTIC CANADA PROBUS PRESIDENTS AND MANAGEMENT TEAMS**

### **Regional Meeting**

Firstly, let me say a big thank you to the Cobequid, Dartmouth and Halifax PROBUS Clubs for all the time and hard work they put into the recent Regional Meeting. Congratulations for holding such a successful event enjoyed by all who attended. In 2020 we will be meeting in Moncton in conjunction with the Men's PROBUS Club of Moncton as they celebrate their 30<sup>th</sup> Anniversary. The plan is to join the Men for their celebration luncheon or dinner on Wednesday October 7<sup>th</sup>. I will get back to you when their plans are finalized. The Regional Meeting itself will be hosted by the Women's PROBUS Club of South East New Brunswick.

At the recent Regional meeting I mentioned that there had been some discussion on how often to hold these meetings. We realize there is often a hotel expense and that the travel distance is certainly not easy. With this in mind, I would like to suggest three options. Please discuss them with your Management Teams and send your preference to me.

1 Continue meeting yearly as is. 2 Meet every two years. 3 A combination of: • Year One – Nova Scotia and Newfoundland meet. • Year Two – New Brunswick, PEI and Maine meet • Year Three – All Clubs meet together. Insurance

You will now have received the forms for Renewal of Membership and Third-Party Liability and Director's and Officers Insurance for 2020.

I am pleased that all Clubs will now be covered with Directors and Officers Insurance to an amount of one million dollars, an increase from the original five hundred thousand, at no additional cost.

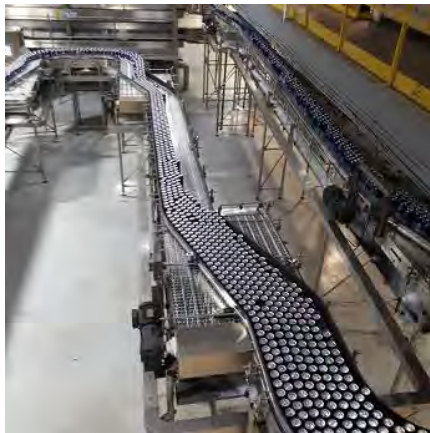
Please forward these forms as early as possible, but most certainly before December 31. This ensures that your Club's current information will be posted in the 2020-21 Membership Directory.

I enjoy hearing from the Atlantic Clubs and thank you for all your support. Please feel free to contact me at anytime. **Marlene Pearce**  
**Atlantic Director and President of PROBUS CANADA**

November 13<sup>th</sup>, 2019, tour of **MOOSEHEAD BREWERIES** by **PROBUS** members. About 13 members were able to attend this tour and a merry time was had by all, I think. Here are a few pictures of the tour. It surprised me that we were able to take pictures. The tour was about 1 hour long with several stops to quench our thirst.

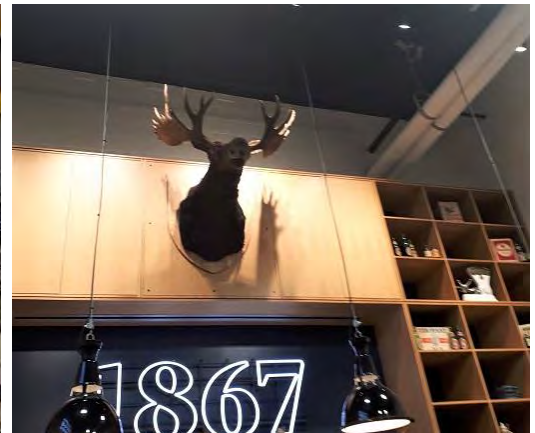


Upper left, main entrance with giant moose. Some members waiting for the rest of the group. Overlooking the packaging line.



**John Doyle and Chip Lawton** discussing the packaging lines.

This is what 1,000 cans a minute looks like! Hard to believe.



This moose is in the brewery outlet room. It is named 1867, because of the year it was mounted.

Tom Craig  
**The PHOGHORN** Newsletter  
November 20/19, 2019

