



PEGGY'S COVE LIGHT HOUSE, Nova Scotia

PROBUS

The PHOGHORN NEWSLETTER

Saint John N.B

FEBRUARY ISSUE

Volume 32 -- #06 --2025

2024—2025 Executive members

President ----- *Paul Meier*
Past president ----- *Frank McCarey*
1st Vice president ----- *Carl White*
Treasurer ----- *Gordon Burnett*
Assistant Treasurer—*Larry Timms*

***Next PROBUS meeting is on February 19th at 10:00am
At the Villa Madonna Retreat House, Rothesay.***

Message from President February 2025

Hello everyone,

I hope your winter has been going well, especially given the very low temperatures and the very high incidence of flu and other “bugs.”

We had a very well attended meeting in January. You will find the minutes of the meeting elsewhere in this Phoghorn. Once again, our members have been active in recruiting new additions to our club. Chip Lawton (our star recruiter thus far!) introduced **Ricardo Bessoudo** as a guest and possible new member; Frank McCarey introduced **Gary Sudul** and Ross Moulard (himself a new member) introduced **Fred Roberts** who will be joining us as a new member. It is great to see our group stepping up to help us grow our membership. Very encouraging!

The January guest speaker, **Heather Campbell from UNBSJ**, spoke about their new **Integrated Health Initiative** and described its scope (large!) and creativity (only one of its kind, to date, in Canada). Interesting concept and timely initiative.

The conversations were flowing, the fellowship was warm, and the lunch was good. And of special note, your President won the 50/50 draw of \$68.

Your Management Committee met on the 29th and dealt with a full agenda including a financial update, discussion of how to move forward with small group meetings (after reviewing the survey results) and recruiting for several open Management Committee and other positions. A number of decisions were approved, subject to review and approval by members in the February meeting.

Thanks to a suggestion from **Gord Burnett**, the speaker for our February meeting will be **Lisa Legere** of the **Financial and Consumer Services Commission of NB**. Lisa's topic will be “**Stay Out of Fraud's Reach.**” She makes this presentation throughout the province and given the increasing frequency of email, telephone and other frauds, this topic should be particularly relevant and timely. Lisa's presentation will help us recognize common types of fraud, spot the red flags of fraud, and discuss appropriate reporting of frauds and scams.

I hope as many as possible will be able to attend our meeting on the 18th at Villa Madonna. It is great that the venue, food, company, speaker, fellowship, laughs and just plain fun are attracting higher attendance and greater participation. Hope to see you there!

Paul

**Guest speaker for this February meeting will be “LISA LEGERE of Financial
& Consumer Services Commission of NB.**

The topic will be “Stay out of Frauds Reach”



This is your Management Committee for 2025.

Left to right; Past President, Frank McCarey, Peter Gaulton, President Paul Meir, V.P. Carl White, Assistant Treasurer Larry Timms, Treasurer Gordon Burnett, Tom Craig, Phoghorn Newsletter, and acting Secretary, Robert Taylor.

Important notice on Social Event, gathering of the *Ladies and PROBUS Men's monthly club* meeting.

This will take place on March 18th at 1:00pm at the Royal Canadian Legion on Wilson Street, off the Golden Mile, West Saint John. There will be no monthly meeting in Rothesay for this month.

Start time is 1:00pm to 3:00 pm.

Lunch will be provided with a cost of the ticket at \$17.00 per person. The meal will be "*Irish Stew*" with entertainment provided by *Jamie Wright*.

50/50 tickets available, 3 for \$2.00. Entrance is to the left side of the building, upstairs.

More information at the February meeting.

PROBUS MEMBER'S BIRTHDAYS IN FEBRUARY

*Gordon Dempsey, John Doyle, Chip Lawton,
Donald LeBlanc, Peter McGill, Mack Pike*

HAPPY BIRTHDAY ON BEHALF OF THE PROBUS CLUB.

**MINUTES FROM THE
MEN'S PROBUS CLUB OF SAINT JOHN, NB
Monthly Meeting
January 15th, 2025**

The meeting was called to order about 10:05 by President Paul Meier, with about 36 members in attendance. Robert Taylor led O Canada, with Don Tompkins on the keyboard.

Guests: Frank McCarey introduced Garry Sudul. Chip Lawton introduced Ricardo Bessoudo. Ross Mouland introduced Fred Roberts.

Member News: Dennis Skidmore and Mack Pike are in hospital. Gerry O'Brien broke a shoulder. Dave Flewelling has moved to Shannex in Millidgeville.

Minutes of December 18th were approved as circulated in the Phoghorn Newsletter: moved by Robert Taylor, seconded by Carl White.

President's Comments: Paul recommended the book "Aging in New Brunswick". Robert pointed out the Seniors Resource Centre in Brunswick Square has lots of copies.

Finances: Gordon Burnett reported that we have 55 members, up from 43 last year. Our bank balance is \$1212.

Program: Paul reported that we shall not meet on our own on March 19th but will join with the Women's Club on the 18th. Carl White revealed plans for a maple sugar expedition in Dumfries (upriver from F'ton) sometime in March, depending on conditions; a 36-passenger bus might cost up to \$1000; tour \$10pp, and we can have lunch on-site. Paul is looking into plans to visit RNS, to re-visit the Jewish Historical Museum, and to book a riverboat cruise – details on each will be published.

Interest Groups: Paul circulated the list that he e-mailed earlier. He again stressed to indicate interest, not commitment at this stage.

Book: Carl White reported that he has updated a book begun by the Late Rev. and past member Lloyd Lake, on the history of the SJ B&G Club. It will be launched at the national B&G Clubs Symposium which the SJ Club is hosting in May. Royalties will be given to the SJ Club.

One Joke by Paul preceded Coffee'n'Chat.

Speaker: Trevor Holder introduced Heather Campbell of UNB-SJ, who described the Integrated Health Initiative and the new Bachelor of Health program on the campus. This, along with port development, are the two major priorities for the SJ region. A Health and Social Innovations Centre is being built where the Ward Chipman Library used to be. Gordon Burnett thanked the speaker.

50/50: Paul Meier, who started to read out his ticket number, won \$68!

Adjournment about 11:40 for delicious lunch of chicken pot pie and salad.

Respectfully submitted
Robert Taylor, Secretary pro tem.

NOTE:

February's meeting lunch on February 19th,

Pictures from the January 2025 meeting.



Images by Tom Craig

President Paul Meier and VP Carl White at the podium.



Images by Tom Craig

*Our Guest speaker Heather Campbell speaking on the new Integrated Health Initiative
With the new building at the UNB, Saint John Campus.*



Full attention was evident as shown in this picture.



Images by Tom Craig

*Trevor Holder and Heather Campbell with **Gordon Burnett** presenting a Gift to Heather on behalf of the PROBUS club.*



L to R—*Brian Mitchell, Ken Ellis and Fred Shillington*
Filling out the questionnaire over coffee.



images Tom Craig

Howard Pearn and Mike Gunter enjoying a coffee at break time.



images by Tom Craig

Don Mitchner and Dale Stevens



Images by Tom

Craig

Peter Gaulton on the right and Robert Taylor on the left, trying the salad food.



Images by Tom Craig

On the right to left, Don Mitchner, Gordon Burnett, Peter Gaulton and Ed Creaser enjoy their lunch.



Images by Tom Craig

Looks like *Ken Ellis* trying to warn everyone that they are about to have their picture taken.



270 sold so far!

Bumper Sticker--
I'm not drunk,
I'm avoiding potholes

Pictures taken from Saint John's Fort Howe, during the New Years Celebration 2025. Picture of the Saint John Harbor. See the new cranes in the background.



Images by *Lynda Jennex*

Picture taken of the Saint John Harbor during the New Year Eve, 2025, celebration.



Images by *Linda Jennex.*



Images by Tom Craig

A normal sight on the Kennebecasis River at Renforth. Dozens of “fishing shacks” dot the frozen river.

The usual fish is “smelt or further out from shore, fish called “Hake”. They like the deeper waters.

Future meeting dates.

March 18th at the social gathering with PROBUS ladies’ group—R.C. Legion, West side.

April 16th May 21st June 18th-AGM. At the Villa Madonna.

Notice. Any member that has a short story of sorts, and wish to have it included in the Newsletter, just let me know. My email is shown below.

PROBUS SAINT JOHN, NB

A Professional and Business Retirees Club.

**PROBUS Club Membership #026. Published by PROBUS Club of Saint John, NB E2L3V9
Meetings are at the *Canada Best Value Inn on Main St* every third Wednesday of the month, 10:00 am.**

Website <http://www.sjprobus.ca> --- PROBUS CANADA website www.probus.org

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