

PROBUS NEWSLETTER

Happy

St. Patrick's

Day





Lighthouse at St Martin, New Brunswick

PROBUS

The PHOGHORN NEWSLETTER

Saint John NB
March Issue
Volume 33 -- #07

2025—2026 Executive Team members

President ----- *Carl White*
Past President ----- *Paul Meier*
1st Vice President ----- *Tony Aziz*
Secretary.....*Greg Langille*
Treasurer-----*Gordon Burnett*
Assistant Treasurer-----*Larry Timms*
& *House Manager*

**PROBUS Members observing Birthdays for the month of March:
*Dan Kirk, Ben Smith, Gary Sudul.***

March 18th Luncheon will be BEEF STEW. (Irish)

Agenda for March

PROBUS Agenda – March 18, 2026

1. Call to Order
2. O Canada
3. Name tag Presentations
4. Introduction of Guests
5. News of Members
6. Approval of Minutes of February Meeting - Greg
7. Treasurer Report – Gord/Larry
8. President's Update
 - A. Executive Meeting update – March
 - B. Member Recruitment – Chip
 - C. Member Profiles – Paul
 - D. March 17th Probus Women's Meeting Update
 - E. Community Activities – Tours – Pulp Mill -Larry, Shining Horizons – Carl (Kent Grass)
 - F. Future Speakers – April – Jennifer Estey - Estey Art Inclusive; May – Matt Conradi, Strescon (King St. Project); June – Outing to Yip
9. Jokes
10. Coffee Break
11. Speakers – Karen Ulmanis/Tim LeBlanc – Electronic Products Recycling Association/Recycle NB
12. 50\50 Draw
Adjourn for Lunch

President's Remarks



President-*Carl White*

Welcome to March.

Welcome to March everyone! It came in without much of a roar, and we will be enjoying the first day of Spring on Friday, March 20th! We continue to welcome new Members and encourage everyone to keep bringing prospects. Our February guest Presenters shared some great information about Nursing Homes Without Walls, and our members were quite attentive. I look forward to our March and the following meetings and hope to see as many of you as possible in attendance!

Secretary's Report

Secretary-Greg Langille



Minutes: PROBUS Meeting 18 Feb 2026

Name tags were presented to new member Brian Wheelock, Emil Olsen, and Glen Tait.

Two guests, Kent Grass and Steve Porter, were introduced by Chip Lawton.

Motion by Greg Langille to approve minutes of the Probus meeting held on 21 January, seconded by Don Mitchener, motion approved.

Brief report from Chip about the ongoing campaign to recruit new members. Paul Meier reminded everyone about the draw to win free membership for any members that bring in and sign-up new members.

Larry Tims gave us a treasurer's report. Reported that we are in good shape, Motion to approve report by Carl White, seconded by Robert Taylor, motion approved.

Paul gave an update on member profiles. We now have approximately forty-member profiles submitted. Paul/Tom sent out an email encouraging those who have not yet submitted their profiles a chance to do so. Members can now access member profiles by going to Saint John Probus website, access members only section, sign in using username (sjprobus) and use password (villa Madonna).

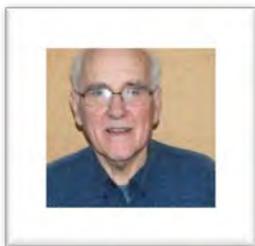
Carl, Paul, and Tony are planning a June offsite meeting at Yip Cider on the Kingston Peninsula and future June offsite meetings.

Carl reminded everyone about attending the women's Probus meeting at 69 Branch Canadian Legion, 714 Wilson St, Saint John on March 17th. Our own meeting will still be held on March 18th at Villa Madonna

Larry Timms working on a tour of Irving pulp mill at reversing falls.

Brenda Foster and Kate Finnigan from Nursing Homes Without Walls, gave a presentation outlining the support and resources available to seniors wanting to remain in their homes as long as possible.

Treasurer's Report



Assistant Treasurer Larry Timms

Our PROBUS club finances, as of the end of February 2026 are in great shape with our current bank balance slightly above \$3,200. Revenue in the month of February was \$615, the result of several new member fees and the 50/50 draw, offset by expenses of \$133, comprised our meeting room rental and guest meals.

(Our Treasurer is currently in Europe on vacation and Larry is filling in. Great job

Larry!)

New Members receive their name tags



PROBUS President *Carl White*, presents three new members with their name tags. From L to R; new member *Brian Wheelock*, *Emil Olsen* and *Glen Tait*. Welcome to our club.

Some pictures from the February meeting.



Coffee Time and conversations.



Guest speakers Brenda Foster and Kate Finnigan from "Nursing Homes Without Walls"



Members picking up brochures from the guest speakers.



Smiles from David Flewelling.

FUN FACTS



Don't forget!

This month we celebrate the three days when the Man is always right.

That would be the 29th, 30th and 31st of February.

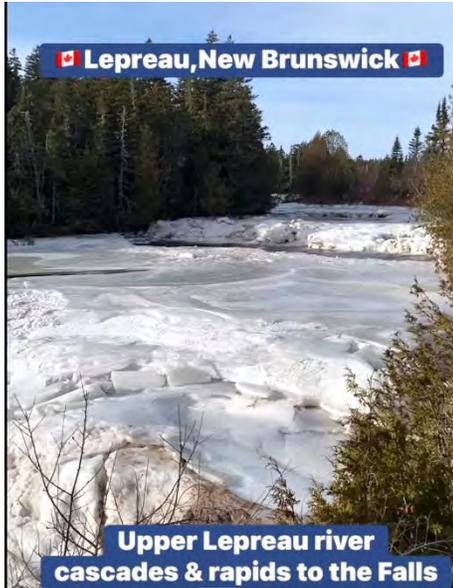
Up-town Saint John is changing



This building is going to be impressive. I believe it is 12 stories high. In this picture taken in February, has 7 stories with 5 more to go. The interesting part of this construction is there is no steel work after the 4th floor! New method of construction?

The panels are pre-cased at a local supplier, **Strescon**, and trucked to the site in an orderly fashion. Each panel comes with the window already installed. The panels interlock with each other. It is interesting, on a warm day, to see this take place in a symphony fashion of the crew.

This would make a very interesting speaker presentation.



This beautiful picture is of Upper Lepreau Falls just a few miles from Saint John towards St. George NB

The water flow is almost stopped, frozen as indicated in the picture.

I have seen pictures this year where to **Niagara Falls** water flow is almost stopped with huge ice build up from top to the bottom of the overflow.

*They say when you retire
You will have more time to travel.
They don't tell you is to the
Doctor's appointments.*

Famous Laws

Peter's Law

Good workers become bad managers.
being great at your job doesn't mean
you will be great at the next level.

Pareto Principal (80/20 Rule)

Roughly 80% of results comes from 20%
of efforts. Focus on the few things that
actually matter.

Parkinson's Law



**EXECUTIVE FOR 2025-2026
PROBUS Saint John NB**



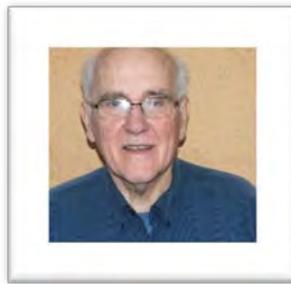
President: Carl White

Vice President: Tony Aziz

Secretary: Greg Langille

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Burnett



Past President: Paul Meier

Assistant Treasurer: Larry Timms

HUMOR

***My husband ticked me off today,
So, I poured water on the floor
In front of the washing machine.
It's been two hours and
He is still trying to fix it!***

GOLDEN THINGS

YOU LEARN WITH AGE

1. Friends, even close ones, may disappear over time.
2. Your relationship with yourself is the most important.
3. People don't care about hard work, just results
4. Heartbreak and failure are part of life.
5. There's no place like home.



The next meeting is at the Villa Madonna March 18th, 2026

PROBUS SAINT JOHN, NB

A Professional and Business Retirees Club.

PROBUS Club Membership #026.

Published by *PROBUS Club* of Saint John, NB

**Meetings are at the *Villa Madonna Retreat House in Rothesay NB,*
every *third Wednesday of the month, 10:00 am.***

Website <http://www.sjprobud.ca> --- *PROBUS CANADA* website www.probus.org

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